

becoming MORE *Beautiful*

journal 4



Celebrate You! Confetti Series

An Encouraging Online Gathering
for Single Women

1.1.2021

Delight yourself in the LORD, and He will give you the desires of your heart (Psalm 37:4).

Happy New Year! First of all, let me celebrate you—single women—for navigating the most difficult year you’ve ever had to face. Home alone in 2020—not including your lifeline Zoom calls and FaceTime—took on a whole new meaning.

For the first time in a long time, I mentioned to the group of single women I meet with twice a month, that I found myself desiring a husband.

As a widow (and even if I wasn’t a widow) having someone around whose arms I could rest in and felt protected during times of uncertainty was a desire that was renewed and felt deeply.

As you begin a new year, what desires have become renewed or realized?

How would you discern if your desire is from the Lord or worldly-given?

It is the Lord who will give you the desires of your heart. While our desires may vary, we are all called to do the delighting.

What does “delight yourself in the Lord” look like for you?

We are all delighting in something. Who or what can singles find themselves delighting in apart from the Lord?

How is this familiar scripture often misinterpreted?

As we’ve turned the calendar to 2021, the beginning of the new year is an ideal time to become—A New You—and let your relationship with the Lord and your delight in Him shape your desires.

If the Lord were to give you a specific desire of your heart this year, what would you want it to be? Write a note to yourself on today, the first day of the new year, encouraging yourself to delight in the Lord as you wait on that desire to come to pass.

Psalm 73:25 says: Whom have I in heaven but you? And earth has nothing I desire besides you. How does this resonate with you if the Lord doesn't give you the desire of your heart?

The beauty of a relationship with Jesus is what he told us in Matthew 28:20, "I am with you always, even until the end of the earth." Delight in the Lord knowing that Jesus is always with us in our singleness and we are never alone. That is a beautiful thing and truly worth celebrating.

